

Walaa Kamal Kamel Shedeed

- Menoufia Governorate / El-Bajour City
- walaa.kamel@fnur.bu.edu.eg
- Muslim, Egyptian
- +201116648628
- 2/7/1991
- Single

Professional Summary

I have +12 years' extensive experience in teaching various nursing curriculum; I hold a Ph.D. degree in community health nursing 5 years ago from Benha University. My responsibilities have included teaching courses, creating and grading exams, supervising clinical practice, participating in the development of curricula, academic and research activities and supervising postgraduate research. I have also been involved in curriculum development and have utilized a variety of teaching methods to engage students and enhance their learning experience. Also, I have been involved in community services activities. I am passionate about conducting research in various nursing fields, especially in the field of community health nursing and geriatric nursing aimed at improving health awareness among different community populations, in alignment with SDGs 2030.

Academic Position & Research Fields

Faculty of Nursing, Benha University, Egypt

Lecturer of Community Health Nursing

9/2021- Still now

Faculty of Nursing, Benha University, Egypt

Assistant lecturer of Community Health Nursing

11/2018-8/2021

Faculty of Nursing, Benha University, Egypt

Clinical instructor of Community Health Nursing

1/2014-10/2018

Education

Ph.D., Community Health Nursing, 2021, Faculty of Nursing – Benha University.

Title of thesis: Home Health Care Model to Improve Quality of Life among Post Liver Transplant Recipients.

M.D., Community Health Nursing, 2018, Excellent, Faculty of Nursing – Benha University.

Title of thesis: Mothers' Awareness regarding Vitamin D Deficiency among Their Infants in Kalyobia Governorate.

B. Sc. of Nursing Science, 2012, Excellent, Faculty of Nursing – Benha University

Skills& abilities

- Academic& teaching skills
- Research skills
- Technical& administrative skills
- Interpersonal& communications skills
- Time management

- Decision making
- Problem solving
- Quality assurance
- Digital transformation tools

Work & Teaching Experience

Educational, research and community experience

- Editor of the Journal of Nursing Sciences, Benha University, since the academic year 2021/2022 till now.
- Reviewer of the frontiers journal.
- Reviewer of American Journal of Nursing Science since February 2024 till now.
- Member of the Council of the Community Health Nursing Department/ Faculty of Nursing/Benha University since the academic year 2022/2023 until now.
- Member of the counsel of the Public Service Center for Training and Continuing Education (a unit of a special nature) since the academic year 2022/2023 till 1/9/2025.
- Member of the second-year control, Faculty of Nursing, Benha University, for the academic year 2021/2022 till now.
- Participating in teaching the theoretical part of the Geriatric Nursing course for the fourth year from the academic year 2021/2022 till now.
- Participation in teaching the theoretical part of the community health nursing course for the fourth year from the academic year 2021/2022 till now.
- Teaching scientific research course for the third-year students in the academic year 2023/2024.
- Coordinator of the Community Health Nursing Department/Faculty of Nursing/Benha University on the counsel of the Information Technology Unit from the academic year 2016/2017 until 2018/2019.
- Member of the Community Service and Environmental Development Unit since 2017 till now.
- Member of the Community Participation Standard since 2017 till now.
- Enrolling in the university lecturer preparation course held at faculty of education on 2-7/2/2019.
- lecturer of a workshop entitled “addiction risks” for students Faculty of Nursing, Benha University, on 17/4/2024.
- Organizer of a workshop entitled “Healthy Nutrition and Prevention of Malnutrition Diseases” for students of the Kamal El-Din Hussein School in Benha on Sunday, 12/3/2023.
- Organizer of a workshop entitled "Statistical Data entry " Faculty of Nursing, Benha University, on 14/9/2022.
- Organizer of a workshop entitled " Basic standards of statistics" , Faculty of Nursing, Benha University, on 19/2/2023.

- Organizer of a workshop entitled "communication skills, Faculty of Nursing, Benha University, on 29/3/2023.
- Lecturer at a workshop entitled "Vitamin D deficiency in children" for mothers who attend the Maternal and Child Health Center in Benha on Monday 3/20/2023.
- Organizer of a workshop entitled "Data Entry", Faculty of Nursing, Benha University, on 19/2/2023.
- Organizer of a workshop entitled "How to avoid plagiarism", Faculty of Nursing, Benha University, on 19/3/2023.
- Organizer of a workshop entitled "first aid", Faculty of Nursing, Benha University, on 30-31/7/2023.
- Organizer of a workshop entitled "statistical analysis, Faculty of Nursing, Benha University, on 11/3/2023.
- Organizer of a workshop entitled "Effect of Climate Change on environment" for third-year students, Faculty of Nursing, Benha University, on Monday, 14/11/2022.
- Lecturer at a workshop entitled "Role of Community in Facing Climate Change" for Faculty students, Faculty of Nursing, Benha University on Monday, 7/11/2022.
- Organizer of a workshop entitled "statistical analysis, Faculty of Nursing, Benha University, on 10/9/2022.
- Organizer of a workshop entitled "Introducing the importance of community participation and its role in community development" for first-year students, Faculty of Nursing, Benha University, on Monday, 10/10/2022.
- Lecturer at a workshop entitled "Breast Self-Examination" for women attending the Maternal and Child Health Center in Benha on Sunday, 13/11/2022.
- Organizer of a workshop entitled 'How to extract research from the thesis' for postgraduate students, Faculty of Nursing, Benha University on Sunday 10/30/2022
- Attending the thirteenth annual employment forum for graduates entitled "Developing the competencies of graduates of the Faculty of Nursing, Benha University towards better practice" for the academic year 2021/2022.
- Participating in teaching the practical part of the Geriatric Nursing course for the third year students from 2015/2016 until 2019/2020.
- Participating in teaching the practical part of the community health nursing course of the fourth year students from 2015/2016 until 2019/2020.
- Participation in the work of the periodic bulletin for community service and environmental development at the Faculty of Nursing, Benha University, fourth, fifth, sixth, seventh and eighth editions.
- Participating in preparing a study to determine the needs of the community surrounding the Faculty of Nursing, Benha University, during the academic year 2017/2018 until 2024-2025

-Participation in preparing the annual plan for community service and environmental development for the Faculty of Nursing, Benha University, for the academic year 2017/2018 until 2024-2025.

-Participation in Benha University's celebration on the occasion of the opening of the fourth year of the Children's University 2018-2019 on Thursday, 2/21/2019

- Active participation in various student activities.

Publications

- Abdelaziz, N., Mohamed, A., & **Shedeed, W.** (2025). Nano Teaching Sessions for University Students regarding Prevention of Helicobacter Pylori Infection. Journal of Nursing Science Benha University, 6(2), 25-43.
- Abdel Aziz, N., Hassnin, N., & **Shedeed, W.** (2025). Effect of Continuous Care Model on Healthy Lifestyle among Patients Post Total Knee Arthroplasty. Journal of Nursing Science Benha University, 6(2), 127-146.
- Wafa, H., El-Ahmady, A., & **Shedeed, W.** (2025). Perception of Nursing Students regarding Artificial Intelligence in Health Care. Journal of Nursing Science Benha University, 6(2), 464-478.
- Abd El Rahman, G., Elsayed, D., & **Shedeed, W.** (2025). Healthy Promoting Lifestyle among Patients with Fatty Liver. Journal of Nursing Science Benha University, 6(2).
- Nasif, A., Abd El-Aal, E., Sohy El-Sayed, D., & **Shedeed, W.** (2025). Caregivers' Empowerment regarding Care of their Children with Thalassaemia. Journal of Nursing Science Benha University, 6(1), 743-758.
- **Shedeed, W.**, Abdelaziz, N., Abosree, T. (2024). Healthy Safety Program for Prevention of Occupational Health Hazards Among Veterinary Assistant Workers. Egyptian Journal of Nursing and Health Sciences, 5(4), 83-104.
- Ibraheim, S., **Shedeed, W.**, & Abdelaziz, N. (2024). Breast Cancer Preventive Program among Women According to Sustainable Development Strategy 2030. International Egyptian Journal of Nursing Science and Research, 4(2), 376-393
- **Shedeed, W.**, Mohamed, E., & Abdelaziz, N. (2023). Smartphone App Based Preventive Program for Mothers regarding Chemical Substance Injuries among their Children. Assiut Scientific Nursing Journal, 11(34), 19-30.
- Abdelaziz, N., Abosree, T. & **Shedeed, W.**, (2023). Preventive Program for Heat Stress-related Illnesses Resulting from Climate Change among Farmers in Alignment with Sustainable Development Goals "Egypt Vision 2030". Journal of Nursing Science Benha University, 4(2), 1108-1126.
- Abdel Rahman, B., Abdelaziz, N., & **Shedeed, W.** (2023). Effect of Health Promotion Intervention on Daily Living Activities among Older Adults with Frailty. Tanta Scientific Nursing Journal, 31(4), 374-393.
- Abosree, T., **Shedeed, W.**, & Abdelaziz, N. (2022). Evidence Based Obesity Prevention Program among Primary School Students according to 100 Million Health Initiative. Journal of Nursing Science Benha University, 3(2), 1099-1120.

Supervised thesis

- Caregivers' Empowerment regarding Care of their Children with Thalassemia, registration year 2023.
- Healthy Promoting Lifestyle among Patients with Fatty Liver, registration year 2023.
- Perception of Nursing Students regarding Artificial Intelligence in Health Care, registration year 2024.
- Mothers' Knowledge and Attitude regarding Early Detection of Hearing Loss among their Infants, registration year 2024.
- Awareness of Rural Health Nurses regarding Preventive Guideline of Dengue Fever, registration year 2024.
- Lifestyle Pattern among Older Adults with Frailty, registration year 2024.
- Mothers' Care for their Children Suffering from Respiratory Syndical Virus, registration year 2024.
- Performance of Nurses regarding Prevention of Hepatitis C Seroconversion among Patients at Hemodialysis Unit, registration year 2024.
- Awareness of ulcerative colitis patients regarding potential risks of colorectal cancer, registration year 2025.
- Burden of care among caregivers of elderly adults patients undergoing hemodialysis, registration year 2025.
- Application of traditional and holographic learning methods in cardiopulmonary resuscitation training among community health nursing students: Comparative study, registration year 2025.
- Burden of Care among Caregivers of Patients with Bladder Cancer, registration year 2025.
- Awareness of University Students regarding Sexually Transmitted Diseases, registration year 2025.
- Nursing intervention based on Health Belief Model for Mothers regarding Prevention of Iron Deficiency Anemia among their Infants, registration year 2025.
- Effect of Health Education Program on Nutritional Pattern among Elderly Adults, registration year 2025.
- Effect of rehabilitative program on neurological outcomes for patients undergoing brain tumor craniotomy, registration year 2025.
- Scope of Palliative Care Intervention based on Lifestyle Enhancement for Patients with Fibromyalgia, registration year 2025.

Training courses

Training courses in the field of information technology

- Use a platform thinqi, 2024, E-Learning Center, Benha University.
- Use a platform thinqi, 2023, E-Learning Center, Benha University.
- Fundamentals of digital transformation certificate, Modules "IT, "Operating, Word processing", 2021, Center of Knowledge and e-services at the Ministry of Higher Education.
- Question banks and electronic tests, 2021, Center for Capacity Development of Faculty staff and Leadership at Benha University.
- Electronic Website management, 2020, Center for Capacity Development of Faculty staff and Leadership at Benha University.
- Training on how to use the e-learning platform, 2020, Faculty of Nursing/ Benha University
- How to enter data on MIS, 2018, Information Technology Unit - Faculty of Nursing/ Benha University
- Towards an electronic university, 2018, Benha University
- MS Word, 2018, Benha university
- How to update the CV and websites of faculty members and their assistants on the university website, 2017, Information Technology Unit - Faculty of Nursing/ Benha University.
- Statistical analysis using SPSS, 2016, Benha University.
- Advanced word, 2016, Benha University

Training courses in the field of Quality Assurance and Accreditation

- Mind maps and scientific research, 2023, IFAD Academy and Scientific Platform
- Modern methods of measurement and evaluation, 2023, Measurement and Evaluation Center, Benha University
- Self-evaluation and external review, 2020, Faculty lecturers' Development Center at Benha University
- Mechanisms for evaluating and improving the achievement of strategic plans for university colleges, 2018, Central Unit for Strategic Planning at Benha University
- Fulfilling the accreditation standards for colleges and institutes of higher education in accordance with the third edition, 2017, Quality Assurance and Accreditation Center at Benha University.
- Self-evaluation, 2015, Quality Assurance and Accreditation Center at Benha University.
- Program descriptions and curriculum maps, 2015, Quality Assurance and Accreditation Center at Benha University.
- Strategic Planning, 2015, Quality Assurance and Accreditation Center at Benha University.

Workshops and courses

- Scientific writing of projects, 2024, Faculty of Nursing, Benha University.
- Endnote, 2024, Faculty of Nursing, Benha University.
- Scientific Paper Writing Skills, 2024, Faculty of Nursing, Benha University.
- Item Analysis, 2024, Faculty of Nursing, Benha University.
- Artificial Intelligence Applications in Scientific writing, 2024, International Relations Office, Menoufia University
- Rubric, 2023, Faculty of Nursing, Benha University.
- Scopus Journal Indexation, 2023, Elsevier.

- The use of artificial intelligence techniques in scientific research between what is permitted and what is prohibited, 2023, IFAD Academy and Scientific Platform
- Criteria for judging the originality of research, 2023, Office of International Relations, Menoufia University
- Environmental Health, 2023, Saudi Society for Environmental Sciences
- Key concepts in developing your career: citation, rank, and impact factor of international journals, 2023, Office of International Relations, Menoufia University
- How to use the Oski lab, 2023, Faculty of Nursing, Benha University
- EKB, 2023, Faculty of Nursing, Benha University
- Depression and its relationship to climate change, 2023, Faculty of Nursing, Benha University
- Climate change risks to the environment and human health, 2022, Faculty of Nursing, Benha University
- Financial and legal aspects, 2022, Faculty of Nursing, Benha University
- International scientific publishing, 2020, Center for Capacity Development of Faculty Staff and Leadership at Benha University
- Communication Skills, 2020, Faculty lecturers' Development Center at Benha University
- Effective presentation skills, 2020, Faculty lecturers' Development Center at Benha University
- Competitive research projects, 2020, Faculty lecturers' Development Center at Benha University
- Self-evaluation and external review, 2020, Faculty lecturers' Development Center at Benha University
- University lecturer preparation course, 2019, Faculty of Education, Benha University
- Statistical analysis, 2018, Faculty of Nursing, Benha University
- Training on using the Egyptian Knowledge Bank information sources, 2017, Benha University Digital Library
- Extracting the scientific paper from the thesis, 2017, Faculty of Nursing, Benha University
- Egyptian Knowledge Bank, 2017, General Administration of Libraries at Benha University
- Statistical methods in scientific research, 2016, Faculty of Nursing, Benha University
- How to write competitive projects and international publishing, 2015, Faculty of Nursing, Benha University
- How to use and use the smart board, 2014, Faculty of Nursing, Benha University
- Internationalization, 2013, Faculty of Nursing, Benha University
- Human resources development (interview skills, CV writing, problem solving, successful training), 2013, Arab Center for Training, Consultation and Study.

Conferences and scientific days

- Active participation and attendance in the 12th international scientific conference of the Faculty of Nursing, Tanta University, entitled ““foresing the future in the lit of sustainable development in nursing researches”. On 3-4/3/2024.
- Active participation and attendance in the 7th scientific conference of the Nursing Administration Department, Benha University, entitled “ health care: sustainable practical and administrative performance” on 16, July 2024.

- Share by posting "poster" in the ninth and sixth international scientific conference of the Faculty of Nursing, Benha University, entitled "digital health and quality of health care on 6 December 2023.
- Organizer of the fifth scientific conference of the Department of Community Health Nursing entitled “climate change and natural worldwide disasters” on 11/10/2023.
- Active participation and attendance in the 6th scientific conference of the Nursing Administration Department, Benha University, on 20 September 2023.
- Active participation and attendance in the sixth scientific conference of the Pediatric Nursing, Department, Benha University, entitled ““recent advances towards pediatric urology” on 20, September 2023.
- Active participation and attendance in the eighth and fifth international scientific conference of the Faculty of Nursing, Benha University, entitled ““climate changes and challenges in nursing: era of artificial intelligence” on Tuesday, 3 November 2022.
- Active participation and attendance in the tenth international scientific conference of the Faculty of Nursing, Helwan University, entitled ““nursing profession and the challenges of global climate change” on 19-20, December 2022.
- Active participation and attendance in the ninth international scientific conference of the Faculty of Nursing, Menoufia University, entitled ““Foreseeing Nursing Future During Metaverse” on 15-16, November 2022.
- Participation as an organizer in the fifth annual and second international student conference entitled “nursing students advocacy to achieve sustainable developmental goal for good health and wellbeing” on Sunday, 17 March, 2019.
- Speaker at the sixth and third international scientific conference of the Faculty of Nursing, Benha University, entitled: ““nursing voice: international standards and competences” on 31 July, 2019.
- Organizer of the fourth scientific day of the Department of Community Health Nursing entitled “community health nursing, Nursing Vision 2030” on 4/30/2019
- Share by posting "poster" in the fifth and second international scientific conference of the Faculty of Nursing, Benha University, entitled "New Advances in Nursing Science and Practices, Nursing Vision 2030" on 17 July, 2018.
- Participation as an organizer in the fourth annual and first international student conference entitled “nursing students as pioneers in society development” on Sunday, 15April, 2018.
- Organizer of the fifth and second international scientific conference of the Faculty of Nursing, Benha University, entitled “New Advances in Nursing Science and Practices, Nursing Vision 2030” on 17 July, 2018.
- Organizer of the third scientific day of the Department of Community Health Nursing entitled “advanced technology in community health nursing” on 3/20/2018
- Attending and actively participating in the third student conference entitled ““Toward Competencies Development for Nursing Students” on 8 March, 2017.
- Share by posting "poster" in the fourth and first international scientific conference of the Faculty of Nursing, Benha University, entitled "Nursing in Generation Y, Challenges and Opportunities" on 19 July, 2017.
- Organizer of the second scientific day of the Department of Community Health Nursing entitled

“Public Health.....Prospects and Visions” on 2/21/2017

- Organizer of the fourth and first international scientific conference of the Faculty of Nursing, Benha University, entitled “nursing in generation Y, challenges and opportunities” on 19 July, 2017.
- Attending the second student conference of the Faculty of Nursing, Benha University entitled “Nursing, Where & to Where” on 24 March, 2014.
- Attending the Faculty second scientific conference entitled “The Newest Technology in Nursing Practice and Nursing Education”.
- A certificate of appreciation from Benha University for obtaining the University’s award for master’s thesis as the best scientific thesis at the university level in the scientific field for the academic year.2018/2019.

Thanks, and appreciation Certificates

- A certificate of thanks and appreciation from Benha University for the effort exerted in supporting the quality unit in the Faculty, which had a significant impact on the Faculty obtaining accreditation from the National Authority for Educational Quality Assurance and Accreditation.
- A certificate of thanks from the Quality Assurance and Accreditation Center at Benha University for participating in collecting the harvest on behalf of Benha University in the year2017.
- A certificate of appreciation from the Faculty of Nursing, Benha University, in recognition of the outstanding contribution and dedication to improving the faculty and the quality of performance in March.2015.
- A certificate of appreciation from the Faculty of Nursing, Benha University, for obtaining a master’s degree in community health nursing on the sixth annual graduates’ ceremony.2018/2019.